



INSTRUCTIONS FOR USE - THIS LEAFLET CONTAINS IMPORTANT PRODUCT USE AND SAFETY INFORMATION. PLEASE READ CAREFULLY AND RETAIN FOR FUTURE REFERENCE. CONTACT LENSES SHOULD ALWAYS BE FITTED BY AN EYE CARE PROFESSIONAL. IT IS ESSENTIAL THAT YOU FOLLOW YOUR EYE CARE PROFESSIONAL'S DIRECTIONS AND ALL LABELLING INSTRUCTIONS FOR PROPER USE OF YOUR CONTACT LENSES AND LENS CARE PRODUCTS.

PRODUCT NAMES

Astrocon, Asphericon, Polycon K, KE, CC, Soper and Woodward are packed individually in flat pack mailers within a 'Tyvek' sleeve. Do not use if the 'Tyvek' sleeve has been damaged or opened.

Aquila, Persecon 92E, CE and E are packaged in individual tamper evident glass vials. Do not use if tamper evident seal has been broken.

INTENDED USE

These lenses are intended for daily wear for the optical correction of vision in persons with non-diseased eyes with low to moderate astigmatism, myopia or hyperopia. These lenses are also available for persons who require additional correction for Astigmatism or Keratoconus or Presbyopia.

RECOMMENDED WEAR AND REPLACEMENT SCHEDULE

CIBA Vision recommends that these lenses are replaced every 12 - 18 months, as routine, or more frequently as determined by your eye care professional.

In the interests of maintaining the health of your eyes, the wearing schedule should be determined by your eye care professional:

DAILY WEAR - (less than 24 hours while awake). The wearing time should be built up gradually until the maximum recommended is achieved. **THE LENSES MUST BE REMOVED BEFORE SLEEPING.**

HANDLING YOUR LENSES

Your eye care professional should provide you with detailed contact lens insertion and removal instructions.

Always wash and dry your hands before handling lenses. Ensure that you have the appropriate lens for that eye. Inspect your lenses prior to insertion. Do not insert if damaged.

To insert your lens, place the lens on a finger tip, and while looking straight ahead, hold the eyelids apart and place the lens directly onto the centre of the eye. The lids may then be released.

When removing your lens make sure that your hands are completely dry. Open your eyes wide so that your eyelids do not overlap the lens. Put your finger at the outside corner of your eye and staring wide, pull outwards and slightly upwards to stretch the lids tight. When you have pulled the lids as far as possible, blink. The lids should slide under the edges of the lens and lift it from the eye.

If the lens decentres on the eye, close your eye and gently massage the eyelid to return the lens to the central position. If this problem persists, consult your eye care professional.

Never use tweezers, suction cups, sharp objects or your finger nails to remove your lenses from the lens container or your eyes.

FALLING ASLEEP WHILE WEARING YOUR LENSES

If you inadvertently fall asleep for a short period while wearing your lenses no adverse effects are likely. The lenses may however feel dry, this can usually be relieved by blinking fully several times. Sleeping while wearing Persecon E lenses can result in painful red eyes as these lenses are not suitable for wearing during sleep.

TAKING CARE OF YOUR LENSES

- **CORRECT CARE OF YOUR LENSES IS ESSENTIAL.**
- **CLEAN and RINSE** your lenses to remove contaminants from the lens surface. [Your eye care professional may also recommend that you use an enzymatic cleaner to remove protein.]
- **DISINFECT** your lenses each time they are removed to destroy harmful germs and to ensure safe and comfortable contact lens wear.

- Your eye care professional should choose the lens care system most suitable for you.
- Do not soak your lenses in an alcohol based cleaner.
- Do not alternate or mix lens care products from different systems.
- Use only rigid gas permeable contact lens disinfection products following the manufacturer's instructions.
- **NEVER EXPOSE CONTACT LENSES TO ANY NON-STERILE WATER AS MICROBIAL CONTAMINATION CAN OCCUR, WHICH MAY LEAD TO PERMANENT EYE DAMAGE.**
- **DO NOT USE HEAT NOR ANY PRODUCT DESIGNED FOR SOFT LENSES.**
- Do not use any product containing benzalkonium chloride with Aquila, Persecon 92E or Persecon CE.
- Do not use any product containing phenyl mercuric nitrate with Persecon E.

Always remember the following:

- Always wash, rinse and dry your hands before handling your contact lenses.
- Never store lenses overnight in saline only. Saline will NOT protect your lenses from germs and your eyes from possible infection.
- Never re-use the solution in your lens case.
- Never use solutions that are past their expiry date. 🗑️
- Never use saliva, tap water or home made saline solutions or anything other than recommended solutions to wet your lenses or rinse your lens case.
- Rinse your lens case daily with sterile saline or **fresh** lens care solution and allow to air dry. This helps avoid contamination and serious eye injury.
- Replace your lens case regularly.

IF YOU HAVE NOT WORN YOUR LENSES FOR A FEW DAYS, follow the instructions given for your contact lens care regimen and if applicable, clean and disinfect your lenses prior to insertion.

WHEN NOT TO WEAR LENSES

Contact lenses should not be worn in conjunction with certain health or environmental conditions. Conditions that may prevent or interfere with safe contact lens wear include:

- Allergy, inflammation, infection or irritation in or around the eye or eyelids.
- Periods of poor health, such as during severe colds or influenza.
- Inadequate tear film (dry eyes).
- The use of some medications, including eye medication.
- Excessively dry or dusty environments that make contact lens wear uncomfortable.
- Water sports without the use of goggles.

Consult with your eye care professional specifically regarding these or other conditions.

POSSIBLE PROBLEMS

Although contact lenses provide many benefits to the wearer, it is possible that problems can occur and may be first noticed as one or more of the following conditions:

- Feeling of something in the eye
- Uncomfortable lens
- Eye redness
- Sensitivity to light
- Burning, stinging, itching or watering eyes
- Reduced sharpness of vision
- Rainbows or halos around lights
- Increased eye secretions
- Severe or persistent dry eyes

These symptoms, if ignored, can lead to more serious complications.

WHAT TO DO IF A PROBLEM OCCURS

If any of the above symptoms occur:

- **IMMEDIATELY REMOVE THE LENS(ES).**
- If the discomfort or problem stops, then look closely at the lens(es).
- If the lens(es) is (are) in any way damaged, DO NOT put the lens(es) back on the eye(s), replace with a new

lens(es) or consult your eye care professional.

- If the lens(es) has (have) dirt, an eyelash, or foreign body on it (them), or the problem stops and the lens(es) appear(s) undamaged, thoroughly clean, rinse and disinfect/neutralise the lens(es); before reinsertion.
- If the above symptoms continue after removal or upon reinsertion of the lens(es) remove the lens(es) **IMMEDIATELY**, then promptly contact your eye care professional. A serious condition such as infection, corneal ulcer (ulcerative keratitis), corneal vascularisation or iritis may be present. These conditions could progress rapidly and may lead to permanent loss of vision. Less serious reactions such as abrasions, epithelial staining and bacterial conjunctivitis must be managed and treated properly to avoid complications.
- Occasional dryness may be relieved by the use of lubricating and wetting drops. If dryness persists consult your eye care professional.
- If a lens sticks (stops moving), apply several drops of a lubricating solution and wait until the lens begins to move freely on the eye before attempting to remove it. If the lens continues to stick, **IMMEDIATELY** consult your eye care professional.

ADDITIONAL INFORMATION

The risk of a possible problem can be reduced by recognising the signs and following the advice, "What to do if a Problem Occurs". Correct cleaning and regular replacement of the lens case is essential. Smoking increases the risk of ulcerative keratitis for contact lens users.

IMPORTANT THINGS TO REMEMBER

- It is recommended that contact lens wearers see their eye care professional regularly as directed.
- Do not use lenses or lens care products after their expiry dates. ☹
- Be careful while using soaps, lotions, creams, cosmetics or deodorants as they can all cause irritation if they come in contact with your lenses.

- Insert your lenses **before** applying make-up and remove them **before** taking your make-up off.
- Avoid spraying aerosols such as hair spray near your eyes while wearing your lenses as this may cause irritation.
- Consult your eye care professional about wearing lenses during sporting activities including swimming.
- Remove your lenses while exposed to noxious or irritating vapours.
- Inform your employer that you wear contact lenses, especially if your job involves using eye protection equipment.
- Do not wear these lenses while sleeping.

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Abbreviations for lens specifications

PWR	{Power}
BC	{Base Curve}
DIA	{Diameter power}
CYL	{Cylinder power}
@	{Axis}

This leaflet has been prepared exclusively for the British market and reflects the current prescribing practices in this market. Prescribing practices in other markets may vary.

Lenses supplied subject to availability.

CIBAVISION
Shared Passion for Healthy Vision and Better Life

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